



6<sup>th</sup> September 2023

Dear Parent/Carer,

We are pleased to advise that Year 6 children will have the opportunity to take part in **Level 2 Bikeability Training**. Bikeability is a government-recognised, practical and professional cycle training course which covers the basics of safe cycling. For some children, this will be the first time spent cycling on the road. Children will be taught to cycle safely on the road, however, it does not guarantee pupils are safe to cycle in traffic alone. Your child will need practice even after completing the course to develop their skills further and consolidate what has been taught.

This training will commence for **Year 6 children only** on the **week beginning 30<sup>th</sup> October or 6<sup>th</sup> November 2023**. Children will be put into groups; each group session will run across the week. Closer to the time we will confirm which dates and times your child will be completing the training.

The cost of training is **£15**, which covers approx.10 hours cycling tuition and certificates. Any child who is entitled to Pupil Premium will need to contact the School Office for a code to enter into the Bikeability booking system; these costs will then be covered by the school.

Children **must be able to ride a bike before starting the course**, this includes the ability to control the bicycle and maintain balance whilst giving hand signals and being able to use gears, if fitted. The Level 2 course aims to improve riders' skills and confidence for cycling on smaller roads and simple junctions without too much traffic. Most of the training takes place on quiet local roads, giving children confidence to cycle more often in their local environment. All the riders will have to show the instructors they can do everything that Bikeability Level 1 consists of before they can go on the roads, although they do not need to possess this specific training.

Although a basic safety check is carried out during the first session, it is your responsibility to ensure that the bike is safe and the right size for your child. It is essential you check your child's bike before the start of the course. The bike must be in a roadworthy condition, which means both brakes are fully working, tyres are pumped up, gears (if present) operate as designed and the chain is properly lubricated. **All children will need to wear a correctly fitted helmet**. Please see 'Cycle and Helmet Check' to ensure your bike and helmet are in a 'road worthy condition'. Bikes will need to be brought to school each morning and will be left in a safe place during the day, they will then need to be taken home at the end of the school day. Please make sure your child can recognise which is their own bike.

A **full Ewell Grove PE kit** must be worn for the entire week, as it is suitable for spending up to 90 minutes riding a bike outside. Your child should have a waterproof coat at school, in a drawstring PE bag. Training will go ahead regardless of the weather, unless it becomes unsafe. Gloves with grip are a good idea except in the warmest of weather.

If your child has medication at school, they will need to have this in a PE bag on their back for the duration of the course. **The children will need to look after their own medication**. When you book a place, you are required to give information about your child's medical needs.

If you would like your child to complete this training, please book on to the Bikeability Level 2 training course using the link below by **9:00am on Friday 30<sup>th</sup> September 2023**:

[https://surreycycletraining.online/public/school\\_training/111092/](https://surreycycletraining.online/public/school_training/111092/)

Yours faithfully

Miss C Herbert