



EWELL GROVE PRIMARY AND NURSERY SCHOOL

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Ewell

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POLICY STATEMENT

NUTRITIONAL STANDARDS

REVISION DATE

EVERY 3 YEARS

PRESENTED TO THE GOVERNING BOARD

24TH JANUARY 2019

REVIEW DATE:

SPRING 2022

1. PURPOSE

At Ewell Grove our whole school approach ensures pupils are being guided to lead active and healthy lives by combining a healthy, balanced and varied diet with regular physical activity. We believe that healthy children are best able to take full advantage of the educational opportunities that the school provides. The Governing Board will ensure that food provided in the school and advice given promotes a healthy lifestyle.

2. RELATIONSHIPS TO OTHER POLICIES

Improving and sustaining good nutritional standards is included where appropriate in all curriculum policies, health & safety, home school agreement.

3. ROLES AND RESPONSIBILITIES

The **Headteacher** will ensure that:

- Guidance is made available to staff based on the Nutritional Standards for School Lunches (England) Regulations 2008
- The external provider of lunches (Aspens) conform to the Regulations
- The agreed standards for free school meals are implemented
- Content, cost & provision are monitored
- Special dietary needs of children and staff are catered for (vegetarian, Halal, Kosher, etc)
- Drinking water is available to all pupils every day, free of charge

All **staff** are expected to:

- Promote healthy eating in accordance with school guidance based on the Nutritional Standards for School Lunches (England) Regulations 2008.
- Provide information children need to make healthy choices.
- Provide experience of working with food such as, food hygiene and safety, cooking and food education.
- Promote healthy lifestyles through Personal, Social and Emotional Development, Physical Education and the Relationships and Sex Education.

The **Governing Board** will:

- Ensure that lunches meet with the standards prescribed in the Nutritional Standards for School Lunches (England) Regulations 2008 and the School food in England Departmental advice for governing boards 2016
- Establish standards for free school meals & monitor their content, cost, and provision.
- Nominate a lead governor for healthy food.

4. ARRANGEMENTS FOR MONITORING AND EVALUATION

- Survey of pupils views to be undertaken at regular intervals & reported to the governing board to establish whether pupils are satisfied with the quality of meals offered.
- Lead Governor to monitor provision through regular visits.